Across
4. The act of mixing an essential oil with a carrier oil so its effects are not as concentrated in one area (Dilution)
5. __________ oil: potent oils that have been extracted from various plant components including the flower, leaves, stem, or root (Essential)
6. Application method: inhaling an essential oil or its aroma (Aromatic)
7. A vegetable oil, wax, fat, or other oil that an essential oil is mixed with (Carrier Oil)
9. __________ Essentials: A contemporary guidebook to the therapeutic use of essential oil (Modern)

Down
1. A widely recognized oil known for its calming properties (Lavender)
2. Refers to applying an essential oil by itself, without diluting it in a carrier oil (Neat)
3. Application method: applying essential oil directly on the skin (Topical)
8. Aromatherapy device used to disperse essential oils (Diffuser)
10. Application method: ingesting an essential oil, typically through the mouth (Internal)
11. Well-known oil used for its antiseptic and energizing properties (Lemon)